

Anesia Wright

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General Clerk

I have 4 years of experience, as a Laundry Attendant, as a Shirt Presser and as a Drive Thru Order Taker in industries including Eating and Drinking Places. Most recently, I have been working as a Laundry Attendant at Chicksaw Nation from December 2013 to July 2014. My skills and experiences include: Cooking. I went to school for a child development degree in child development from msc. I hold a certificate on phlebotomist.

Work Experience**Massage Therapist**

Ame Spa
ARDMORE, OK
April 2015-Present

- Performed therapeutic massage.* Manipulated body tissues using fingers and hands.* Employed standard massage techniques including Swedish, deep tissue, sports.* Employed specialized massage techniques including hot stone therapy.* Used bodywork techniques such as reflexology.* Used sensory bodywork treatments such as aromatherapy.* Informed clients about massage treatments, spa services.* Used massage to support pain management.* Maintained treatment records for each client.* Maintained clean and organized work areas.* Stocked spa supplies.* Performed office duties such as taking phone calls, scheduling patient appointments.* Apply finger and hand pressure to specific points of the body.* Collected laundry such as linens, towels, robes.* Informed clients about bodywork treatments.* Maintain treatment records.* Maintained and followed client schedule.* Massage and knead muscles and soft tissues of the body to provide treatment for medical conditions, injuries, or wellness maintenance.* Stocked massage supplies, linens.* Treat clients in professional settings or travel to clients' offices and homes.* Use complementary aids, such as infrared lamps, wet compresses, ice, and whirlpool baths to promote clients' recovery, relaxation, and well-being.* Used bodywork techniques such as cranial sacred therapy.* Used sensory bodywork treatments such as herbal wraps, loofah rubs.* Knowledge sets include: Appointment Scheduling, Appointment Setting, Chair Massage, Deep Tissue Massage, Hot Stone Massage, Massage, Massage Therapy and Bodywork, Therapeutic Massage.

Veterinary Assistant (Vet Assistant)

Jud Little Ranch
springer, OK
April 2015-October 2015

My accomplishments included: taking care of the horses and cleaning the stalls Knowledge sets include: Cleaning, Stock Cleaning.

Dry Cleaner helper

Shirt Presser
ardmore, OK

December 2013-October 2015

Operated extractors. Finished laundered items by hanging. Loaded articles into machines. Notified supervisor of malfunctioning equipment, damaged linens. Determined need for rewash. Operated irons. Documented and processed requests for pressing.

Certified Massage Therapist

CMT

Sulphur, OK

March 2014-May 2015

Performed therapeutic massage. Manipulated body tissues using fingers and hands. Employed standard massage techniques including Swedish. Employed specialized massage techniques including shiatsu. Used bodywork techniques such as reflexology. Used sensory bodywork treatments such as aromatherapy. Informed clients about spa services. Maintained treatment records for each client. Maintained clean and organized work areas. Collected laundry such as linens. Stocked spa supplies. Certified for massage therapy by the NCBTMB.

Certified Massage Therapist (CMT)

Sole Renity

Sulphur, OK

November 2014-March 2015

- Performed therapeutic massage.* Manipulated body tissues using fingers and hands.* Employed standard massage techniques including Swedish.* Employed specialized massage techniques including shiatsu.* Used bodywork techniques such as reflexology.* Used sensory bodywork treatments such as aromatherapy.* Informed clients about spa services.* Maintained treatment records for each client.* Maintained clean and organized work areas.* Collected laundry such as linens.* Stocked spa supplies.* Certified for massage therapy by the NCBTMB.

Laundry Attendant

Chicksaw Nation

ardmore, OK

December 2013-July 2014

- Operated washers, dryers.* Sorted and counted articles removed from dryers.* Finished laundered items by hanging, steaming.* Loaded articles into machines.* Cleaned machine filters.* Inspected soiled articles to determine sources of stains.* Weighed bundles of laundry.* Issued clean table linens and service towels to personnel.* Removed lint and debris from dryer filters.* Sorted laundry by color, fabric.* Notified supervisor of damaged linens.* Determined need for rewash.

Dry Cleaner helper

, OK

August 2012-December 2013

Skills aromatherapy, chair massage, cleaning, cooking, deep tissue massage, hotstone massage, laundry, massage, massage therapy, massage therapy and bodywork, pain management, patient treatment, reflexology, scheduling, therapeutic massage, therapy

Shirt Presser

Glos

ardmore, OK

August 2012-December 2013

- Operated extractors.* Finished laundered items by hanging.* Loaded articles into machines.* Notified supervisor of malfunctioning equipment, damaged linens.* Determined need for rewash.* Operated irons.* Documented and processed requests for pressing.

Production Worker

Flanders

Ardmore, OK

July 2012-August 2012

Line leader " production worker

Drive Thru Order Taker

Whataburger

ardmore, OK

July 2011-February 2012

- Cleaned work areas, kitchen tools, equipment, dishes.* Correctly packaged and stored food supplies.* Presented foods attractively.* Prepared food for customer orders.* Packaged food for take-out.* Served food to customers.* Placed food on food warmers for serving.* Put food in refrigerated storage to keep it from spoiling.* Informed supervisors of low supplies and broken equipment.* Helped cooks and kitchen staff with various tasks.* Washed and peeled/cut foods to prepare for cooking and serving.* Maintained a safe work area.

HTS

Big Five Community Services

Ardmore, OK

February 2009-February 2010

Habilitation Training Specialist

HTS

Hope Community Service

Ardmore, OK

August 2008-November 2008

Habilitation Training Spec " assisted with disabled clients

Dry Cleaner helper

Comet Cleaner

Ardmore, OK

May 2006-May 2007

Cashier and tagger at dry cleaner. Customer assistance

Housekeeper

Microtel

Ardmore, OK

April 2006-May 2006

Cleaning rooms

Welder

Hudon

Ardmore, OK

November 2005-March 2006

Vent maker "welder"

Education**Some College, BUSINESS, MANAGEMENT, MARKETING, AND RELATED SUPPORT SERVICES**

everesr

Tampa , FL

- Keep accurate records of transactions
- Determine customers'™ financial services needs and prepare proposals to sell services that address these needs
- Sell services or equipment, such as trusts, investments, or check processing services
- Analyzing Data or Information
- Developing Objectives and Strategies
- Experience with: Data entry software, Database management software, Desktop computers, Email software